DRAFT Meeting Minutes: Coordinated School Health Program (CSHP) Steering Committee and Principal Advisory Committee

**Date:** 2/22/2016

**Attendees:** Blaire Adams, B.J. Adkins, Dr. Alicia Averette, Julia Bauscher, Donna Benton, Arlisa F. Brown, Crystal Farmer, Sharon Whitworth, Craig Hammons, Angela Hayes, Brit Anderson, Carmen Kiper, Ime Okpokho, Anne Perryman, Dr. Shawna Stenton, Dr.Brittany Watkins, Sharon Whitworth, Holly Walker, Megan Habich, Dana Moody, Andrea Wright, Adrian Oldham, JoAnna Couch, and Dr. Gil Liu.

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**Welcome and Introductions:**

Anne Perryman, CSH Committee Co-Chair, welcomed members to the meeting and everyone introduced themselves.

**Handouts:** Agenda including JCPS Vision 2020 handout.

**Compassionate Schools Project:**

* Alexis Harris was scheduled to present however she was unable to attend today due to illness. Anne Perryman plans to reschedule her at March or April meeting. Donna Benton did report that there was a meeting with Principals on Friday with a large turnout and interest. She stated the project is going well in the current 3 pilot schools.

**Committee Focus Updates:**

* Anne Perryman shared and supplied committee members with handouts of the Coordinated School Health Focus Questions results from previous meeting. The goal is to create a user friendly website that can be updated in real time where committee members could share programs being offered community wide as well as Social Media to be utilized by District to share positive information on twitter account. Julia Bauscher to work with Communications Department to create.
* Smaller work groups (4 total) to be created in order to work on areas of improvement cited by committee members at last meeting. CSH Work Group #1-Healthier US School Challenge Work Group. Those signed up so far include; Andrea Wright-Lead, Julia Bauscher, JoAnna Couch, Brit Anderson, and Donna Benton (especially PE/PA piece). This group will focus on gathering information of schools to apply and understand each level from Gold to Bronze status and what each level entails in order for schools to achieve. District can receive funds through program. CSH Work Group #2-Wellness Champions-Holly Walker, Angela Hayes, and Anne Perryman. This group would focus on sharing with Principals and schools programs that other JCPS schools are doing that have shown success and provide feedback on how to start such programs. CSH Work Group #3-School Wellness Policy & ToolKit-Julia Bauscher, Brittany Watkins, Carmon Kiper, Gil Liu, Shawna Stenton, Sharon Whitworth, B.J. Adkins, and Donna Benton. This group would focus on reporting of physical activity in each school district wide and reporting on local wellness policies of each school. Shawna Stenton to assist group on SBDM policy section. The toolkit for elementary needs to be updated according to Donna Benton. CSH Work Group #4-Physical Activity-Megan Habich, Blaire Adams, and Craig Hammons. This group to focus on promoting physical activity within schools and providing alternatives to withholding physical activity as punishment. Each group would need to assure the goals connect with District Vision 2020. Donna pulled a couple of strategies for committee to look at 2.1.3 – Improve culture and climate. Use research or evidence-based strategies and best practices to improve district, school, and classroom culture and climate to ensure that all students and staff work and learn in a safe, respectful, and equitable environment, and 3.2.1 – Engage with families: Invite parents and caregivers to participate in the life of their child’s school and the educational growth of the child through a process of meaningful and mutual communication and engagement focused on improving the learning environment and experiences at school and at home. These strategies were on back page of agenda.
* We want to operate as a true advisory role. If things are happening in Health/Wellness this committee could assist.

**Advisory Presentation-Stock Epinephrine-JCPS Health Services Nurses**

* Stock EpiPens in JCPS. Handouts provided to committee members. Key points- House Bill 172 was signed by Governor Steve Beshear encouraging each Kentucky School to “keep epinephrine auto-injectors in the school so that epinephrine may be administered to any student believed to be having a life-threatening allergic or anaphylactic reaction.” Nearly 6 million children in the U.S. have a food allergy. This is about 1 in 13 students or about 2 students per classroom. Between 16-18% of students with food allergies have experienced an allergic reaction in school.
* JCPS Plan: JCPS will stock EpiPens in all locations.
* JCPS Health Services will develop a board policy, as well as a district procedures on the process for stock EpiPens.
* JCPS Health Services Nurse Practitioners will provide training, standing medical orders, and consultation to all schools before EpiPen program is initiated.
* Parents will be notified via media releases and other public campaigns. A passive informed consent will also be included in the Code of Acceptable Behavior and Discipline and Student Bill of Rights. If parents choose to opt out, they would be required to provide the school with a written statement. Dr. Gil Liu commented that he would like to see opt out taken from plan, citing he does not believe there is not enough evidence to support opt out clause.
* Health Services Nurses stated that 911 would be called in any situation where EpiPen was utilized on a student.
* Committee was supportive of moving forward with pursuing stock epinephrine for schools.

**Announcements/Information/Professional Development Opportunities**

* Julia Bauscher reported that the JCPS Board of Education is forming a work group on school wellness.
* The YMCA reports it is working collaboratively with Health Promotion Schools of Excellence (HPSE) on Run! Louisville, Run (Triple Crown Race), Y5210, the YMCA Diabetes Prevention Program (YDPP), and new Healthy Weight Program for children ages 7-13 and wants to continue to strengthen their partnership with JCPS as well as with other community partners.
* Dr. Brittany Watkins shared the following resources: Conference on “It Takes a Village to Raise a Child” and provided handout, Central High School PTSA Teen Suicide Seminar with Guest Speaker Stephen M. Ulrich on March 17th and noted you need to RSVP for seminar.
* Dr. Liu spoke about Bounce Coalition at Semple Elemtentary and specifically the work going on to educate all staff members on traumatic experiences and how they affect students. He told committee of a Bus Driver noticing a child being withdrawn on his bus and acted on hunch to alert school staff. Dr. Liu also spoke about Trees Louisville working with several JCPS schools to plant trees to improve our air quality and health.
* Sharon Whitworth alerted the committee on the recent budget cuts to Family Resource/Youth Service Centers for this school year (4.5%) and 9% budget cuts over the next two years.

**Next CSHP Committee Meeting (this meeting is a Principal Advisory Committee meeting):**

Monday, March 21, 2016 - 2:30-4:00 p.m. **Location:** VanHoose Stewart Auditorium.