

Jefferson County Public Schools Health Services

SCHOOL HEALTH GUIDELINES

**** Students only need to be excluded from school if any of the following exist.**

Student with a fever:

- Fever only that is **100.5° F or higher** without fever reducing medication such as Tylenol or Motrin (**child must be fever free for at least 24 hours to return to school**).
- Temperature of less than 100.5° F **AND** they have other signs of illness.
 - The student should be evaluated by a health care provider immediately if they are experiencing difficulty breathing, unusual lethargy, irritability, persistent crying, blurry vision, confusion, and/or disorientation.
- If temperature is 102.5° F or greater **AND** less than one (1) hour of school remains and the school is unable to contact parent/guardian to pick up child, EMS is to be notified immediately. EMS should be notified sooner if student also displays additional signs of respiratory difficulties or change in mental status.
- If temperature is less than 102.5° F, student may go home on their usual mode of transportation, **UNLESS** they are experiencing respiratory difficulties or change in mental status. This will then require calling EMS immediately.

Student with physical symptoms:

- **Diarrhea** defined as an increased number of stools compared with the child's normal pattern **and/or** stool that is not contained by diapers or toilet use.
- **Vomiting two (2) or more times in the previous 24 hours**, unless the vomiting is self-limited, is determined to be due to a non-communicable condition, and the child is not in danger of dehydration.
- **Undiagnosed rash**
 - A student with a rash should be excluded from school unless he/she has a current statement from a licensed health care provider stating:
 1. The presence of the rash does not represent an illness that is contagious.
 2. The student is well enough to perform normal daily activities.
 - Staff should call the parent/guardian as soon as a rash is noticed, to pick their child up from school.
 - Staff should also send home the "Notice of Exclusion from School for Undiagnosed Rash" letter with the student.

- **Conjunctivitis (pink eye) with purulent (pus) drainage** until resolved OR until the student provides a statement from their healthcare provider that they can return to school and are not contagious.
- Diagnosed **impetigo** or **strep throat** until 24 hours after treatment has begun **AND** child has been fever free for 24 hours.
- **Head lice** as per JCPS protocol.
- **Scabies** until 24 hours after treatment has begun.
- Any illness that prevents the child from participating comfortably in program activities.
- Any illness that results in a greater care need than the staff can provide without compromising the health and safety of other children.

Generalized symptoms that may require further evaluation by the student's Primary Care Provider:

- Dry mouth
- Increased urination
- Increased hunger
- Increased thirst
- Dry/itchy skin
- Fatigue
- Sores or infections that will not heal
- Blood in urine or stool
- Persistent headache
- Neck pain/stiffness
- Irritability
- Blurry vision
- Double vision
- Confusion
- Disorientation
- Dizziness

NOTE: Some of these symptoms may require an immediate call to EMS.