

Coordinated School Health Committee/Principal Advisory Meeting Agenda/Minutes

In order to meet the JCPS Vision, Mission, and Core Values 2020 (detailed on reverse side of the agenda) the committee will specifically focus on key indicators 2.1.2 and 3.2.1 by implementing the following strategies:

- *Use the Centers for Disease Control and Prevention (CDC) new Coordinated School Health; “Whole School, Whole Community, Whole Child (WSCC) model around the tenet of a whole child approach to education and to provide a framework for greater alignment, integration, and collaboration between health and education to improve each child’s cognitive, physical, social, and emotional development,” to promote CSH in all JCPS schools.*
 1. Health Education
 6. Social & Emotional Climate
 2. Physical Education & Physical Activity
 7. Physical Environment
 3. Nutrition Environment & Services
 8. Employee Wellness
 4. Health Services
 9. Family Engagement
 5. Counseling, Psychological & Social Services
 10. Community Involvement

- *Craft district policies which positively contribute to the accomplishment of Vision 2020.*

Meeting Room	VanHoose		
Date	March 16, 2017	Time	3:00 - 4:30 p.m.
Attendees: B.J. Adkins, Arlisa F. Brown, Katherine Hendy, Cory Hisle, Ime Okpoko, Russ Funk, Anne Perryman (Co-Chair), Dave Self, Dr. Brittany Watkins, Craig Hammons, Andrea Wright, and Justin Willis.			
Handouts: Agenda including JCPS Vision 2020; Best Practices in Physical Environment, Dads Making The Difference.			

Topics/Owner

3:00	<p>Welcome and Introductions - Anne Perryman</p> <p>Anne Perryman, CSH Committee Co-Chair, welcomed all committee members to the meeting and everyone introduced themselves to the group.</p>
3:10	<p>Substance Abuse Prevention and Resources - Dr. Brittany Watkins</p> <p>Dr. Brittany Watkins with Centerstone-Kentucky Regional Prevention Center presented on Youth Alcohol and Other Drug Use. Presentation included information on the following:</p> <ul style="list-style-type: none"> • Data on Drugs with the highest prevalence in youth (alcohol, marijuana, tobacco and Rx drugs) • Specifically how alcohol affects the teen brains differently than adult brains since the brain does not fully develop until approximately age 25. • Death isn’t the only consequence of alcohol: Fighting with parents, hurting or injuring themselves, stopped by police, car accidents, trouble at school, fighting with other students, pressured by someone to do something sexual against their will, and often not recalling what they did. • Binge drinking and health problems. • Age of first use matters. • Alcopops and Alcohol Energy Drinks. • Marijuana - Just the facts- effects on the brain, connection of marijuana to other drugs, and is all marijuana the same? • Children who first smoke marijuana under age 14 are more than 5 times as likely to abuse drugs as adults than those who first use it at age 18. • Long term marijuana use can lead to addiction. • Marijuana use lowers IQ and the more a student uses it the lower their grade point average is likely to be and the more likely they are to drop out of school. • Marijuana is the most prevalent illegal drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims. • Cigarette use continues steady decline in youth from 1996-2016. • Teens more likely to use E-Cigarettes than Cigarettes according to National Institute on Drug Abuse. • Overview of prescription/over the counter vs illicit drugs. • Impact of Addiction is far-reaching- cardiovascular disease, stroke, cancer, HIV/AIDS, Hepatitis B and C, Lung disease, and mental disorders. • Components of Addiction include biological, psychological, environmental, and spiritual.

- Protective factors include strong family bonds, parental monitoring, parental involvement, success in school, prosocial institutions, and conventional norms about drug use.
- Hereditary and addiction?
- Early intervention reduces impact.
- What is SBIRT?
- Focus of SBIRT.
- Video: Chasing the Dragon- The Life of an Opiate Addict.
- What is Resiliency?

3:30 Future Meeting Topics/Issues - All

- Anne reminded Committee that the next meeting on April 20th will be at C.B. Young on Crittenden Drive in conference room A & B. This will be the last CSH meeting of the school year.

3:40 Best Practices & Toolkit Update - Anne Perryman, Andrea Wright & Arlisa Brown

- No real updates with the Toolkit at this time. Everyone is working on their parts but have not been able to get together to complete the toolkit.
- Best Practices in Physical Environment distributed to committee for review and members asked to contact Anne with any updates or suggestions.

3:50 Announcements - All

- MOU with Alliance for a Healthier Generation agreement is in progress. Hopefully, the MOU will go to the Board in the new future.
- Dads Making the Difference - Handout given by Dr. Watkins. To register for one of the orientation meetings, fathers (or anyone wanting to refer a father) should email cheri.langley@louisville.edu or call 502-709-9323.
- B.J. Adkins discussed upcoming conference on “Human Sex Trafficking” sponsored by local non-profits at New Life Church at 3402 Goose Creek Rd on April 14th and 15th.
- Russ Funk announced “Healthy Masculinity Action Project” training next Thursday from 9 a.m.-12 p.m. at Kent School.
- Ime Okpoko announced “Healthy Kids Day” through the YMCA to be held on April 30th on North Great Lawn at Waterfront.

4:30 Adjourn -Anne Perryman

- Anne adjourned the meeting and all were invited to the next meeting on April 20th at C.B. Young.

*Next Meeting Date:
April 20, 2017*

Vision 2020: Excellence with Equity

All JCPS students graduate prepared, empowered, and inspired to reach their full potential and contribute as thoughtful, responsible citizens of our diverse, shared world.



Mission

To challenge and engage each learner to grow through effective teaching and meaningful experiences within caring, supportive environments.

Core Values

- Caring- All JCPS children are nurtured as if they are our own.
- Equity- All students receive an education that gives them what they need to thrive through differentiated supports focused on removing social factors as a predictor of success.
- Excellence- Empowering people to lead, create, and innovate is essential to creating a culture of excellence.
- Respect- All students, staff, and families are treated with dignity and respect as members of a safe and welcoming learning community.
- Individuality- Children learn differently and require personalized approaches to learning.
- Diversity- Our diversity is a strength-differences of each are assets of the whole.
- Opportunity- Effective teaching is the most powerful tool for engaging and motivating student to reach their full potential.
- Creativity- The abilities to create, innovate, and solve challenging problems are critical skills for educators and children to develop and employ in teaching and learning.
- Collaboration- Relationships, cooperation, and partnerships among students, staff, families, and community are fundamental to the success of our students.
- Stewardship- Adults model integrity, respect, and responsibility through mindful stewardship of talents, resources, and time.

Overview: Focus Areas and Goals

Learning, Growth, and Development

Increasing Capacity and Improving Culture

Improving Infrastructure and Integrating Systems

GOAL: Professional Capacity in Teachers and Leaders

Increase the capacity of our professional school staff to create engaging, rigorous learning opportunities for student to progress in academic achievement and the development of the learner capacities and dispositions necessary for success in life.

Strategy 2.1.3

Improve culture and climate: Use research or evidence-based strategies and best practices to improve district, school, and classroom culture and climate to ensure that all students and staff work and learn in a safe, respectful, and equitable environment.

GOAL: Communications, Engagement, and Access to Information

Strategy 3.2.1

Engage with families: Invite parents and caregivers to participate in the life of their child's school and the educational growth of the child through a process of meaningful and mutual communication and engagement focused on improving the learning environment and experiences at school and at home.